

# Campbell, St. Thomas duo headline 2014 MIAC Women's Outdoor T&F Awards

Posted: May 15, 2014

ST. PAUL, Minn. -- The Minnesota Intercollegiate Athletic Conference (MIAC) track and field season concluded last weekend with the 2014 MIAC Outdoor Track and Field Championships, hosted by St. Olaf College in Northfield, Minn. Thursday, the top performance from a tremendous meet were recognized with the announcement of the 2014 MIAC Women's Outdoor Track and Field Awards, and the winners carried a serious sense of deja vu from the indoor season.

All four of the conference's top individual awards were exact repeat picks from the 2014 indoor season, evidencing what outstanding overall seasons these individuals had. Carleton sophomore Amelia Campbell capped a historic season in the conference by adding the Outstanding Women's Field Athlete and Women's Outstanding Performance-of-the-Meet awards.

Conference champion St. Thomas also duplicated a pair of honors, as Mallory Burnham was named the Outstanding Women's Track Athlete, and Head Coach Joe Sweeney was voted the Women's Coach-of-the-Year.

In addition, the top three individuals in each event and the first-place relay team automatically received All-Conference honors, and the fourth- through sixth-place finishers in each open event and second- through sixth-place relay teams were named All-Conference Honorable Mention. They can be viewed in the [final results](#) from the 2014 MIAC Outdoor Track and Field Championships.

As part of a conference-wide sportsmanship initiative, the MIAC selected the eighth annual All-MIAC Sportsmanship team for Women's Outdoor Track & Field. Members of the All-MIAC Sportsmanship team are selected by their coaches and teammates as individuals who demonstrate ideals of positive sportsmanship both on and off the field of competition.

Complete information from the 2014 MIAC Outdoor Track and Field Championships - including results, recaps and more - can be found on the event's [home page](#).



## 2014 MIAC Women's Outdoor Track and Field Awards

### *Outstanding Women's Track Athlete* - **Mallory Burnham, St. Thomas**

St. Thomas senior Mallory Burnham (Eagan, Minn./Eastview) dominated the sprinting events at the MIAC Championships en route to her second Outstanding Women's Track Athlete honor of 2014. Burnham won three events and set one new record, as she claimed individual MIAC titles in the 100-meter dash, 200-meter dash and 100-meter hurdles. Her winning time of 14.13 seconds in the 100 hurdles was a new MIAC meet record, as well as a new St. Olaf stadium record. She won the 100 with a time of 12.01 seconds, and finished the 200 in 24.95 to also finish first. Burnham's three individual victories helped St. Thomas finish atop the team standings to claim the MIAC championship.

### *Outstanding Women's Field Athlete* - **Amelia Campbell, Carleton**

Carleton sophomore Amelia Campbell (Sturgeon Bay, Wis.) continued her breakout sophomore season with a pair of first-place finishes, a second-place showing and she contributed to a third-place relay finish to result in her selection as the Outstanding Women's Field Athlete. Campbell set a new MIAC record with her first-place finish and score of 5,132 in the heptathlon, which was also voted the Outstanding Performance-of-the-Meet (more below). She also claimed victory in the long jump by soaring a distance of 18-8.5 feet (5.70 meters), and she cleared the high jump bar at 5-5.25 feet (1.63 meters) to finish second in that event and earn a third All-MIAC honor. Campbell anchored Carleton's third-place 4x400-meter relay team as well, which finished in 3:56.82 and received All-MIAC Honorable Mention honors, and she helped the Knights finish second as a team with 114 points.

### *Women's Outstanding Performance-of-the-Meet* - **Amelia Campbell, Carleton, Heptathlon**

Campbell was further honored for her MIAC-record performance in the heptathlon, and her score of 5,132 ranks as the best in NCAA Division III this season and fifth all-time in D-III history. The Knights' star sophomore finished first in six of the seven events to win by more than 1,100 points, and she broke the old MIAC record by more than 300 points. Campbell finished first in the 100-meter hurdles (14.49), high jump (5-3), shot put (36-7.75), 200-meter dash (25.43), long jump (17-6.75) and the 800-meter run (2:16.59) and she finished second in the javelin (103-4).

### *Women's Coach-of-the-Year* - **Joe Sweeney, St. Thomas**

Joe Sweeney was honored for his coaching excellence by his peers after leading St. Thomas to its 10th-straight MIAC Women's Outdoor Track and Field Championship, and now the Tommies have won 30 of the 33 MIAC Outdoor titles in conference history. Sweeney's St. Thomas squad ran away with title No. 30 by amassing 187 points and finishing 73 points ahead of the second-place finisher. The Tommies won eight events at the MIAC Outdoor meet and racked up 15 All-Conference honors, and they were particularly dominant on the track,

where they won seven events with 10 All-MIAC performances. Sweeney received Outdoor Coach-of-the-Year honors for the second year in a row, and the third time in four seasons, in addition to his Indoor Coach-of-the-Year in March. This is his 34th season as UST's head coach, and he has been honored in cross country and track and field numerous times.

---

### **2014 Women's Outdoor Track and Field All-MIAC Sportsmanship Team**

Augsburg - Marta Anderson (Fy., Mankato, Minn. / East)  
Bethel - Rebecca Wesley (Jr., Oakdale, Minn. / Tartan)  
Carleton - Kao Sutton (Sr., Hilo, Hawaii/Kamehameha Schools Hawaii)  
Concordia - Heather Stanton (Sr., Williams, Minn. / Lake of the Woods)  
Gustavus - Kristen Mertens (Fy., Inver Grove Heights, Minn. / Simley)  
Hamline - Anne Marie Sketch (Sr., Neosta, Ore.)  
Macalester - Marta LeFevre-Levy (Sr., Wayland, Mass.)  
Saint Benedict - Mandy Witschen (Sr., Monticello, Minn.)  
St. Catherine - Brittany Moore (So., Maplewood, Minn. / North St. Paul)  
Saint Mary's - Maya Booker (Jr., St. Paul, Minn. / North St. Paul)  
St. Olaf - Erin McHugh (Soph., Elmhurst, Ill. / York)  
St. Thomas - Jackie Destache (Sr., Mahtomedi, Minn.)

---

### 2014 MIAC Outdoor Track and Field Championships